

MENU UGE 38

Mandag

Hovedret: Kalkun-gumbo med chorizopølse og Dirty rice
|6, 7, 9, 10, 12, 15, 16, S|

Vegetarret: Biryani med kikærter og kartofler
|15, 16|

Tirsdag

Hovedret: Oksegryde á la Osso Buco med gremolata og
kartoffelmos med bagte rodfrugter
|7, 9, 12, 15, 16|

Vegetarret: Grøntsagsmousakka
|1, 7, 12, 15, 16|

Onsdag

Hovedret: Paella med kylling, kalkunchorizo og skaldyr
|2, 6, 7, 12, 14, 15, 16|

Vegetarret: Paella med plante protein og vegansk pølse
|1, 5, 6, 7, 12, 15, 16|

Torsdag

Hovedret: Asiatisk inspireret svinekam med tamarinde sauce og
nudler med bagte peberfrugter og soyavinaigrette
|1, 2, 4, 6, 9, 11, 12, 15, 16, S|

Vegetarret: Sweet potato og cous cous med chili og aubergine
|1, 11, 12|

Fredag

Hovedret: Okse bøfsandwich med bløde løg kold bearnaise creme og agurkesalat
|1, 3, 6, 10, 12, 15, 16|

Vegetarret: Vegetarisk bøfsandwich med bløde løg og bearnaisecreme
|1, 3, 6, 10, 12, 15, 16|

Velbekomme!

1. Gluten	4. Fisk	7. Mælk	10. Sennep	13. Lupin	16. Hvidløg
2. Krebsdyr/	5. Jordnødder	8. Nødder	11. Sesam	14. Bløddyr	5. Svinekød
3. Æg	6. Soja	9. Selleri	12. Sulfitter	15. Løg	

MENU WEEK 38

Monday

Main dish: Turkey Gumbo with chorizo and Dirty rice
|6, 7, 9, 10, 12, 15, 16, S|

Vegetarian dish: Biryani with chickpeas and potatoes |15, 16|

Tuesday

Main dish: Beef stew á la Osso Buco with gremolata and
mashed potatoes with root vegetables
|7, 9, 12, 15, 16|

Vegetarian dish: Vegetable moussaka
|1, 7, 12, 15, 16|

Wednesday

Main dish: Paella with chicken, turkey chorizo and shellfish
|2, 6, 7, 12, 14, 15, 16|

Vegetarian dish: Paella with plant protein and vegan sausage
|1, 5, 6, 7, 12, 15, 16|

Thursday

Main dish: Thai pork roast with tamarind sauce and
noodles with baked bell peppers, soya vinaigrette
|1, 2, 4, 6, 9, 11, 12, 15, 16, S|

Vegetarian dish: Sweet potato and cous cous with chili and egg plant
|1, 11, 12|

Friday

Main dish: Burger with caramelised onions cold béarnaise cream and cucumber salad
|1, 3, 6, 10, 12, 15, 16|

Vegetarian dish: Veggie steak sandwich with caramelised onions and béarnaise cream
|1, 3, 6, 10, 12, 15, 16|

Bon appetite!

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| 1. Gluten | 4. Fish | 7. Milk | 10. Mustard | 13. Lupine | 16. Garlic |
| 2. Shellfish | 5. Peanuts | 8. Nuts | 11. Sesame | 14. Molluscs | S. Pork |
| 3. Eggs | 6. Soya | 9. Celery | 12. Sulphites | 15. Onion | |