



FROKOST UGE 27 BUFFET

MANDAG

Hovedret	Kylling bagt med citron og oliven (1 stk.) , serveret med hvedekerner med peberfrugtpuré 1, 15
Salat	Kartoffelsalat af stegte kartofler, grøntsager og tomatvinaigrette 12, 15, 16
Pålæg/ Spread/ Delikatesse	Klassisk æggesalat med brøndkarse 10, 12, 15, 3, 7 Krydderskinke med hjemmelavet sommersalat af rygeost 7, 9, S Kyllingepølse med sauce verte og persillesalat 10, 12, 15, 3, 7

ONSDAG

Hovedret	Kalkun i kokos med peberfrugt og karryspidskål 1, 12, 15 , serveret med basmati ris
Salat	Tomat- og vandmelonsalat med harissa og mandel 12, 15, 16, 7, 8
Pålæg/ Spread/ Delikatesse	Klassisk fuglekvidder med frisk purløg 10, 12, 15, 3, 7, S Hamburgerryg med ærtepuré 12, 15, 16, 7, S Lammerullepølse med rå løg, sky og karse 12, 15, 3, 7, 9

FREDAG

Hovedret	"Byg-selv" flæskestegssandwich med rødkål S
Salat	Pastasalat med stegt aubergine, squash, champignon, rød peber og basilikumpesto 1, 3, 7, 8
Pålæg/ Spread/ Delikatesse	Tunsalat med ærter og frisk dild 10, 12, 15, 3, 4 Leverpostej med syltede asier 1, 10, 15, 7, S Æg med tomat og estragoncreme 10, 12, 3, 7

Ugens kage	Rødgrød med hvidchokoladecreme 6, 7
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TIRSDAG

Hovedret	Langtidsstegt kalv med kalvesky og grøntsags ragout med kalvebacon 12, 15, 16 , serveret med kartofler
Salat	Citronsyltet blomkål med ærter og dild 12
Pålæg/ Spread/ Delikatesse	Kyllingesalat med grøntsager og krydderurter 10, 12, 15, 3, 7, 9 Stegt svinemørbrad med bløde løg og syltede rødbeder 1, 10, 12, 15, 16, 6, S Kartoffelmad med krydderurtecreme, ristede løg og purløg 1, 15, 7, 8

TORSDAG

Hovedret	Bolognese (okse) 12, 15, 16, 9 , serveret med Pasta penne vendt med tomatpesto 1, 16, 3, 5, 7
Salat	Kikærtesalat med safran, tomat og æble 12, 15
Pålæg/ Spread/ Delikatesse	Rejesalat med asparges, ærter, bladselleri og dild 10, 12, 2, 3, 7, 9 Spegepølse(blomst) med sky og løg 12, 15, 3, 7, 9, S Kold steg af kalv med rabarberchutney og persillesalat 12, 15

TILKØB

Grøntsags- Retterne	M: Gnocchi i tomat sauce med mozzarella 1, 15, 16, 7, 8 T: Vegetarisk Poké bowl med plante protein 1, 10, 11, 12, 15, 16, 3, 5, 6, 7 O: Pease boller i tandoorisauce 1, 12, 15, 16, 8, 9 T: Pasta med klassisk ratatouille og frisk parmesan 1, 12, 15, 16 F: Grøntsagsmousakka 1, 12, 15, 16, 7
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Denne uges menu er med forbehold for ændringer!



LUNCH WEEK 27 BUFFET

MONDAY

Main dish	Chicken baked with lemon and olives (1 pc.) , served with wheat grains with a puré of peppers 1, 15
Salad	Fried potato salad served with vegetables in tomato vinaigrette 12, 15, 16
Cold cuts/ Spread/ Deli	Egg salad 10, 12, 15, 3, 7 Provence ham with homemade summer salad 7, 9, S Chicken with sauce verte and herbs 10, 12, 15, 3, 7

WEDNESDAY

Main dish	Turkey with coconut curry, red bell peppers and cabbage 1, 12, 15 , served with basmati rice
Salad	Tomato and watermelon salad 12, 15, 16, 7, 8
Cold cuts/ Spread/ Deli	Ham salad with chives 10, 12, 15, 3, 7, S "Hamburgerryg" with pea puree 12, 15, 16, 7, S 'Rullepølse' of lamb with onion and jelly 12, 15, 3, 7, 9

FRIDAY

Main dish	Roast pork sandwich with red cabbage S
Salad	Pasta with eggplant, zucchini, mushrooms, red pepper and vinaigrette with basil 1, 3, 7, 8
Cold cuts/ Spread/ Deli	Tuna mousse with dill and peas 10, 12, 15, 3, 4 , Liver paté with pickled gherkins 1, 10, 15, 7, S Eggs with tomato and tarragon cream 10, 12, 3, 7

This weeks cake	"Rødgrød" with white chocolate creme 6, 7
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TUESDAY

Main dish	Roasted veal with vegetable ragout with veal bacon 12, 15, 16 , served with potatoes
Salad	Lemon marinated cauliflower with peas and dill 12
Cold cuts/ Spread/ Deli	Chicken salad with herbs and vegetables 10, 12, 15, 3, 7, 9 Pork tenderloin with caramelised onions and pickled beetroot 1, 10, 12, 15, 16, 6, S Potatoes with herb mayonnaise, crispy onions and chives 1, 15, 7, 8

THURSDAY

Main dish	Bolognese (beef) 12, 15, 16, 9 , served with Pasta penne with red pesto 1, 16, 3, 5, 7
Salad	Chickpea salad with saffron, tomatoes and apples 12, 15
Cold cuts/ Spread/ Deli	Classic shrimp salad with asparagus, peas, celery and dill 10, 12, 2, 3, 7, 9 Danish salami with broth gel and onion 12, 15, 3, 7, 9, S Cold roast of veal with rhubarb chutney and parsley 12, 15

EXTRA OPTIONS

Vegetable dishes	M: Gnocchi in tomato sauce with mozzarella 1, 15, 16, 7, 8
	T: Vegetarian Poké bowl with plant protein 1, 10, 11, 12, 15, 16, 3, 5, 6, 7
	O: Pease balls, served with tandoori sauce 1, 12, 15, 16, 8, 9
	T: Pasta with rustic tomato compote 1, 12, 15, 16
	F: Vegetable moussaka 1, 12, 15, 16, 7

We preserved the right to change the content if supply cannot be met!



FROKOST UGE 27 PORTION

MANDAG

Hovedret Kylling bagt med citron og oliven (1 stk.) ||, serveret med hvedekerner med peberfrugtpuré |1, 15|

TIRSDAG

Salat Poké Bowl med kylling |1, 3, 6, 10, 11, 12, 15, 16|

ONSDAG

Hovedret Kalkun i kokos med peberfrugt og karryspidskål |1, 12, 15|, serveret med basmati ris

TORSDAG

Salat Kikærtesalat med safran, tomat og æble |12, 15|

Pålæg/
Spread/
Delikatesse Rejesalat med asparges, ærter, bladselleri og dild |10, 12, 2, 3, 7, 9|
Spegepølse(blomst) med sky og løg |12, 15, 3, 7, 9, S|
Kold steg af kalv med rabarberchutney og persillesalat |12, 15|

FREDAG

Hovedret "Byg-selv" flæskestegssandwich med rødkål |S|

TILKØB

Grøntsags-
Retterne M: Gnocchi i tomatsauce med mozzarella |1, 15, 16, 7, 8|
T: Vegetarisk Poké bowl med plante protein |1, 10, 11, 12, 15, 16, 3, 5, 6, 7|
O: Pease boller i tandoorisauce |1, 12, 15, 16, 8, 9|
T: Vegetarisk pålæg
F: Grøntsagsmousakka |1, 12, 15, 16, 7|

Ugens kage Rødgrød med hvidchokoladecreme |6, 7|

Denne uges menu er med forbehold for ændringer!



LUNCH WEEK 27 PORTION

MONDAY

Main dish Chicken baked with lemon and olives (1 pc.) ||, served with wheat grains with a puré of peppers |1, 15|

TUESDAY

Salad Poké Bowl with chicken |1, 3, 6, 10, 11, 12, 15, 16 |

WEDNESDAY

Main dish Turkey with coconut curry, red bell peppers and cabbage |1, 12, 15|, served with basmati rice

THURSDAY

Salad Chickpea salad with saffron, tomatoes and apples |12, 15|

Cold cuts/
Spread/
Deli Classic shrimp salad with asparagus, peas, celery and dill |10, 12, 2, 3, 7, 9|

Danish salami with broth gel and onion |12, 15, 3, 7, 9, S|

Cold roast of veal with rhubarb chutney and parsley |12, 15|

FRIDAY

Main dish Roast pork sandwich with red cabbage |S|

EXTRA OPTIONS

Vegetable dishes **M:** Gnocchi in tomato sauce with mozzarella |1, 15, 16, 7, 8|

T: Vegetarian Poké bowl with plant protein |1, 10, 11, 12, 15, 16, 3, 5, 6, 7|

O: Pease balls, served with tandoori sauce |1, 12, 15, 16, 8, 9|

T: Vegetarian cold cuts

F: Vegetable moussaka |1, 12, 15, 16, 7|

This weeks "Rødgrød" with white chocolate creme |6, 7| cake

We preserved the right to change the content if supply cannot be met!

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Gluten 1, Shellfish 2, Egg 3, Fish 4, Peanuts 5, Soya 6, Milk 7, , Nuts 8, Celery 9, Mustard 10, Sesame 11, Sulphites 12, Lupine 13, Molluscs 14, , Onion 15, Garlic 16, Pork S

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