



FROKOST UGE 09 BUFFET

MANDAG

Hovedret	Kylling i peanut butter karry sauce 10, 12, 15, 16, 5 , serveret med nudler med bagte peberfrugter og ristede solsikkekerner 1, 15, 16
Salat	Bagte rodfrugter med pesto og romainesalat 11, 12, 16, 3, 5, 7, 9
Pålæg/ Spread/	Hvidfiskesalat med kapers og dild 10, 12, 15, 3, 4, 7, 9
Delikatesse	Hamburgerryg med italiensk salat 10, 12, 3, 7, 5 Sprængt oksebryst med peberrodscreme 10, 12, 7

ONSDAG

Hovedret	Bagt laks og torsk med friske grøntsager og cremet pasta 1, 12, 15, 16, 3, 4, 7
Salat	Cremet kikærtesalat med safran, tomat og æble 1, 10, 12, 15, 16, 3, 7
Pålæg/ Spread/	Kyllingesalat med ristede svampe og purløg 10, 12, 15, 3, 7
Delikatesse	Honningskinke med grønkålspesto 12, 15, 16, 3, 5, 7 Oksespegepølse med remoulade og ristede løg 1, 10, 12, 15, 3

FREDAG

Hovedret	Tarteletter med kylling og grøntsager (2 pr. person) 1, 15, 16, 7
Salat	Hvidkålssalat med dadler, citrusdressing og persille 10, 12
Pålæg/ Spread/	Salat med kalvespidsbryst 10, 12, 15, 16, 3, 7 Salami Classico med baba ganoush og syltet peberfrugt 11, 12, 16, 7, 5
Delikatesse	Kyllingebryst med sennepsmayonnaise og syltede squash 10, 12, 3

Ugens kage	Gulerodskage 1, 12, 3, 7
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TIRSDAG

Hovedret	Okseragout med urter, bønner og Gremolata 12, 15, 16, 9 , serveret med kartoffelmos med søde kartofler, persille og citronskal 7
Salat	Bulgur med fennikel, bladselleri og chili 1, 12, 16, 9
Pålæg/ Spread/	Skinkesalat med rødløg og agurk 1, 10, 12, 15, 3, 7, 5
Delikatesse	Dyrlægens natmad med leverpostej, saltkød, sky og karse 1, 12, 15, 3, 7, 9, 5 Æg med karrymayonnaise og karse 10, 12, 3

TORSDAG

Hovedret	Skinkeculotte med svampecreme sauce og timian 12, 15, 16, 7, 5 , serveret med Dampede kartofler med gulerødder, bagte løg og persille 15
Salat	Salat med stegt blomkål, Puy linser, abrikoser og karrydressing 12, 16, 3, 5, 7
Pålæg/ Spread/	Maaltidets tunsalat med basilikum og kapers 10, 12, 15, 3, 4, 7
Delikatesse	Rullepølse med æble-sveskekompot 12, 15, 5 Roastbeef med creme af røget paprika and chipotle 10, 12, 15, 16, 3, 6, 7

TILKØB

Grøntsags- Retterne	M: Perlebygotto med græskar og germolata 1, 12, 15, 16, 3, 7
	T: Vegetarlasagne 1, 10, 15, 16, 6, 7, 9
	O: Pasta med tomat pesto, bagte peberfrugter, aubergine og porre 1, 16, 3, 5, 7 og Grana Padano ost 3, 7
	T: Fyldt peberfrugt med ris, porre, tomat, squash og puylinser 1, 15, 16, 7 og ajvar-spread 12, 16
	F: Tarteletter med vegetarisk "kylling" og grøntsager 1, 15, 16, 5, 6, 7

Denne uges menu er med forbehold for ændringer!



LUNCH WEEK 09 BUFFET

MONDAY

- Main dish** Chicken in peanut butter and curry sauce |10, 12, 15, 16, 5|, served with noodles with baked bell peppers and roasted sunflower seeds |1, 15, 16|
- Salad** Baked root vegetables with pesto and romaine lettuce |11, 12, 16, 3, 5, 7, 9|
- Cold cuts/
Spread/
Deli** White fish salad with capers and dill |10, 12, 15, 3, 4, 7, 9|
Smoked ham with "Italiensk salat" |10, 12, 3, 7, 5|
Brisket with horseradish cream |10, 12, 7|

WEDNESDAY

- Main dish** Creamy pasta with salmon, cod and vegetables |1, 12, 15, 16, 3, 4, 7|
- Salad** Chickpea salad with saffron, tomato and apples |1, 10, 12, 15, 16, 3, 7|
- Cold cuts/
Spread/
Deli** Chicken salad with mushrooms and chives |10, 12, 15, 3, 7|
Honey ham with kale pesto |12, 15, 16, 3, 5, 7|
Beef salami with remoulade and roasted onions |1, 10, 12, 15, 3|

FRIDAY

- Main dish** Chicken and vegetables tartlets (2 pr. person) |15, 16, 7|
- Salad** Cabbage with dates, lemon dressing and parsley |10, 12|
- Cold cuts/
Spread/
Deli** Veal Brisket Salad |10, 12, 15, 16, 3, 7|,
Salami Classico with baba ganoush and pickled bell peppers |11, 12, 16, 7, 5|
Chicken breast with mustard mayonnaise and pickled zucchini |10, 12, 3|

This weeks cake	Carrot cake 1, 12, 3, 7
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TUESDAY

- Main dish** Beef ragout with vegetables, beans and Gremolata |12, 15, 16, 9|, served with potato and sweet potato mash with parsley and lemon |7|
- Salad** Bulgur with chili, fennel and celery |1, 12, 16, 9|
- Cold cuts/
Spread/
Deli** Ham salad with red onions and cucumber |1, 10, 12, 15, 3, 7, 5|
"Dyrelægens natmad" |1, 12, 15, 3, 7, 9, 5|
Egg with curry mayonnaise and cress |10, 12, 3|

THURSDAY

- Main dish** Pork roast with mushroom sauce and thyme |12, 15, 16, 7, 5|, served with Steamed potatoes with carrots, baked onions and parsley |15|
- Salad** Salad with fried cauliflower, Puy lintels, abricot and curry dressing |12, 16, 3, 5, 7|
- Cold cuts/
Spread/
Deli** Maaltidet's tuna salad with basil and capers |10, 12, 15, 3, 4, 7|
"Rullepølse" with prune and apple compote |12, 15, 5|
Roast beef with smoked paprika and chipotle cream |10, 12, 15, 16, 3, 6, 7|

EXTRA OPTIONS

- Vegetable dishes** **M:** Pearl barley-otto with pumpkin and Germolata |1, 12, 15, 16, 3, 7|
- T:** Vegetarian Lasagna |1, 10, 15, 16, 6, 7, 9|
- O:** Pasta with tomato pesto, baked bell pepper, eggplant and leek |1, 16, 3, 5, 7| and Grana Padano cheese |3, 7|
- T:** Stuffed pepper with rice, tomato, zucchini and puy lentils |1, 15, 16, 7| and ajvar spread |12, 16|
- F:** Tartlets with vegetarian "chicken" og vegetables |1, 15, 16, 5, 6, 7|

We preserved the right to change the content if supply cannot be met!



FROKOST UGE 09 PORTION

MANDAG

Hovedret Kylling i peanut butter karry sauce |10, 12, 15, 16, 5|, serveret med nudler med bagte peberfrugter og ristede solsikkekerner |1, 15, 16|

ONSDAG

Hovedret Bagt laks og torsk med friske grøntsager og cremet pasta |1, 12, 15, 16, 3, 4, 7|

FREDAG

Hovedret Tarteletter med kylling og grøntsager |1, 15, 16, 7|

Ugens kage Gulerodskage |1, 12, 3, 7|

TIRSDAG

Salat Bulgur med fennikel, bladselleri og chili |1, 12, 16, 9|

Pålæg/
Spread/
Delikatesse Skinkesalat med rødløg og agurk |1, 10, 12, 15, 3, 7, 5|

Delikatesse Dyrlægens natmad med leverpostej, saltkød, sky og karse |1, 12, 15, 3, 7, 9, 5|

Æg med karrymayonnaise og karse |10, 12, 3|

TORSDAG

Salat Salat med stegt blomkål, Puy linser, abrikoser og karrydressing |12, 16, 3, 5, 7|

Pålæg/
Spread/
Delikatesse Maaltidets tunsalat med basilikum og kapers |10, 12, 15, 3, 4, 7|

Delikatesse Rullepølse med æble-sveskekompot |12, 15, 5|

Roastbeef med creme af røget paprika and chipotle |10, 12, 15, 16, 3, 6, 7|

TILKØB

Grøntsags-Retterne **M:** Perlebygotto med græskar og germolata |1, 12, 15, 16, 3, 7|

T: Vegetarisk pålæg

O: Pasta med tomat pesto, bagte peberfrugter, aubergine og porre |1, 16, 3, 5, 7|

T: Vegetarisk pålæg

F: Tarteletter med vegetarisk "kylling" og grøntsager |1, 15, 16, 5, 6, 7|

Denne uges menu er med forbehold for ændringer!



LUNCH WEEK 09 PORTION

MONDAY

Main dish Chicken in peanut butter and curry sauce |10, 12, 15, 16, 5|, served with noodles with baked bell peppers and roasted sunflower seeds |1, 15, 16|

WEDNESDAY

Main dish Creamy pasta with salmon, cod and vegetables |1, 12, 15, 16, 3, 4, 7|

FRIDAY

Main dish Chicken and vegetables tartlets (2 pr. person) |15, 16, 7|

This weeks cake	Carrot cake 1, 12, 3, 7
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TUESDAY

Salad Bulgur with chili, fennel and celery |1, 12, 16, 9|

Cold cuts/
Spread/ Ham salad with red onions and cucumber |1, 10, 12, 15, 3, 7, 5|

Deli "Dyrelægens natmad" |1, 12, 15, 3, 7, 9, 5|
Egg with curry mayonnaise and cress |10, 12, 3|

THURSDAY

Salad Salad with fried cauliflower, Puy lintels, abricot and curry dressing |12, 16, 3, 5, 7|

Cold cuts/
Spread/ Maaltidet's tuna salad with basil and capers |10, 12, 15, 3, 4, 7|

Deli "Rullepølse" with prune and apple compote |12, 15, 5|
Roast beef with smoked paprika and chipotle cream |10, 12, 15, 16, 3, 6, 7|

EXTRA OPTIONS

Vegetable dishes **M:** Pearl barley-otto with pumpkin and Germolata |1, 12, 15, 16, 3, 7|

T: Vegetarian cold cuts

O: Pasta with tomato pesto, baked bell pepper, eggplant and leek |1, 16, 3, 5, 7|

T: Vegetarian cold cuts

F: Tartlets with vegetarian "chicken" og vegetables |1, 15, 16, 5, 6, 7|

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Gluten 1, Shellfish 2, Egg 3, Fish 4, Peanuts 5, Soya 6, Milk 7, , Nuts 8, Celery 9, Mustard 10, Sesame 11, Sulphites 12, Lupine 13, Molluscs 14, , Onion 15, Garlic 16, Pork S

M
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