



FROKOST UGE 49 BUFFET

MANDAG

Hovedret	Græsk simregryde med oksekød 12, 15, 16 , serveret med kartoffelkompot med frisk persille 15, 3, 7
Salater	Salat med blomkål, fennikel og karry 12, 15, 16, 3, 7
Pålæg/ Spread/ Delikatesse	Pålægssalat af kalvespidsbryst 12, 15, 16 Italiensk salami med syltede rødløg og basilikumspesto 12, 15, 16, 3, 5, 7, 5 Kalkunchorizo med spicy mojo af bagt peberfrugt 16, 6, 7

ONSDAG

Hovedret	Forloren hare 1, 15, 7, 5 , serveret med små kartofler med persillesmør 7 , råsyltede tyttebær og skysauce 12, 15, 7
Salater	Blandede salater vendt med tørrede cherrytomater 10, 12, 15, 7
Pålæg/ Spread/ Delikatesse	Maaltidets skinkesalat 1, 10, 12, 15, 3, 7, 5 Kalveleverpostej med rødbeder 1, 6 Stegt kyllingebryst med karrycreme 10, 12, 16, 3, 7

FREDAG

Hovedret	Jægergryde med gris 12, 15, 16, 7, 9, 5 , serveret med hvide ris
Salater	Perlecouscous med spinat, bagt aubergine, chili og citrus dressing 1, 12, 15, 16
Pålæg/ Spread/ Delikatesse	Kyllingesalat med bagte rodfrugter 10, 12, 15, 3, 7, 9 Sønderjysk spegepølse med dijoncreme og bagt tomat 10, 12, 15, 3, 7, 5 Kalvesteg med blommechutney og persillesalat 12, 15, 16

Ugens kage	Banankage med chokolade frosting 1, 12, 3, 6, 7
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TIRSDAG

Hovedret	Coq au Vin 1, 12, 15, 16, 6, 9 , serveret med bulgur med urter 1, 12, 15, 16
Salater	Rødbedesalat med æbler og æblesirup 12
Pålæg/ Spread/ Delikatesse	Torskerognssalat med kapers og dild 10, 12, 15, 3, 4, 7 Provence skinke med æggestand 15, 3, 7, 5 Oksespegepølse med remoulade og ristede løg 1, 10, 12, 15, 3

TORSDAG

Hovedret	Kalkun cuvette med cremet svampesauce og gremolata 12, 15, 16, 7 , serveret med lun hvedekernesalat med salvieolie og æbletern 1
Salater	Broccolisalat med gomadressing og ristede sesamfrø 1, 11, 12, 16, 6
Pålæg/ Spread/ Delikatesse	Tunsalat med ærter og frisk dild 10, 12, 15, 3, 4 Rullepølse med rødbedesalat 12, 15, 7, 5 Sprængt oksebryst med peberrodscreme 10, 12, 7

TILKØB

Grøntsags- Retterne	M: Sweet potato/cous cous med chili, aubergine og pinjekerner 1, 11 og ajvar-spread 12, 16
	T: Grøntsagsgryde med varme krydderier 1, 15, 16, 6, 7 med bulgur med urter 1, 12, 15, 16
	O: Dhal med røde linser og koriander-gremolata 10, 12, 15, 16, 5 serveret med raita 10, 12, 7 og naanbrød 1, 16, 7
	T: Gnocchi i tomatsauce med mozzarella 1, 15, 16, 3, 7, 8 og Grana Padano 3, 7
	F: Grøntsagsmousakka 1, 12, 15, 16, 7

Denne uges menu er med forbehold for ændringer!



LUNCH WEEK 49 BUFFET

MONDAY

- Main dish** Greek slow pot with beef |12, 15, 16|, served with potato compote with parsley |15, 3, 7|
- Salads** Cauliflower salad with fennel and curry |12, 15, 16, 3, 7|
- Cold cuts/
Spread/
Deli** Calf brisket salad |12, 15, 16|
Italian salami with pickled red onions and pesto |12, 15, 16, 3, 5, 7, S|
Turkey chorizo with bell pepper spicy mojo |16, 6, 7|

WEDNESDAY

- Main dish** Meatloaf |1, 15, 7, S|, served with parsley buttered potatoes |7|, marinated Lingonberries and gravy |12, 15, 7|
- Salads** Mixed salads with semidried cherry tomatoes |10, 12, 15, 7|
- Cold cuts/
Spread/
Deli** Maaltidet's ham salad |1, 10, 12, 15, 3, 7, S|
Veal liver paté with pickled beetroots |1, 6|
Fried chicken breast with curry cream |10, 12, 16, 3, 7|

FRIDAY

- Main dish** 'Hunters pot' with pork |12, 15, 16, 7, 9, S|, served with rice
- Salads** Pearl couscous with spinach, baked eggplant, chili and lemon dressing |1, 12, 15, 16|
- Cold cuts/
Spread/
Deli** Chicken salad with baked root vegetables |10, 12, 15, 3, 7, 9|
Salami with dijon-cream and baked tomatoes |10, 12, 15, 3, 7, S|
Cold roast of veal with plum chutney and parsley salad |12, 15, 16|

This weeks cake	Banana cake with chocolate frosting 1, 12, 3, 6, 7
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TUESDAY

- Main dish** Coq au Vin |1, 12, 15, 16, 6, 9|, served with bulgur with herbs |1, 12, 15, 16|
- Salads** Beetroot salad with apples and apple syrup |12|
- Cold cuts/
Spread/
Deli** Salad of cod roe with capers and dill |10, 12, 15, 3, 4, 7|
Provence ham with baked eggs |15, 3, 7, S|
Beef salami with remoulade and roasted onions |1, 10, 12, 15, 3|

THURSDAY

- Main dish** Turkey cuvette with creamy mushroom sauce and gremolata |12, 15, 16, 7|, served with warm wheat kernel salad with sage oil and apples |1|
- Salads** Broccoli with goma dressing and roasted sesame seeds |1, 11, 12, 16, 6|
- Cold cuts/
Spread/
Deli** Tuna mousse with dill and peas |10, 12, 15, 3, 4|
"Rullepølse" with beetroot salad |12, 15, 7, S|
Brisket with horseradish cream |10, 12, 7|

EXTRA OPTIONS

- Vegetable dishes** **M:** Sweet potato/cous cous with chili, egg plant and pine nuts |1, 11| and ajvar spread |12, 16|
- T:** Vegetable Casserole with warm spices |1, 15, 16, 6, 7| with bulgur with herbs |1, 12, 15, 16|
- O:** Dhal with red lentils and coriander-gremolata |10, 12, 15, 16, 5| served with Raita |10, 12, 7| and Naan |1, 16, 7|
- T:** Gnocchi in tomato sauce with mozzarella |1, 15, 16, 3, 7, 8|and Grana Padano |3, 7|
- F:** Vegetable moussaka |1, 12, 15, 16, 7|

We preserved the right to change the content if supply cannot be met!

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Gluten 1, Shellfish 2, Egg 3, Fish 4, Peanuts 5, Soya 6, Milk 7, , Nuts 8, Celery 9, Mustard 10, Sesame 11, Sulphites 12, Lupine 13, Molluscs 14, , Onion 15, Garlic 16, Pork S

M
FROKOST
MAALTIDET



FROKOST UGE 49 PORTION

MANDAG

Hovedret Græsk simregryde med oksekød | 12, 15, 16 |, serveret med kartoffelkompot med frisk persille | 15, 3, 7 |

ONSDAG

Hovedret Forloren hare | 1, 15, 7, S |, serveret med små kartofler med persillesmør | 7 |, råsyltede tyttebær og skysauce | 12, 15, 7 |

FREDAG

Hovedret Jægergryde med gris | 12, 15, 16, 7, 9, S |, serveret med hvide ris

Ugens kage Banankage med chokolade frosting | 1, 12, 3, 6, 7 |

TIRSDAG

Salater Rødbedesalat med æbler og æblesirup | 12 |

Pålæg/
Spread/ Torskerognssalat med kapers og dild | 10, 12, 15, 3, 4, 7 |

Delikatesse Provence skinke med æggestand | 15, 3, 7, S |
Oksespegepølse med remoulade og ristede løg | 1, 10, 12, 15, 3 |

TORSDAG

Salater Broccolisalat med gomadressing og ristede sesamfrø | 1, 11, 12, 16, 6 |

Pålæg/
Spread/ Tunsalat med ærter og frisk dild | 10, 12, 15, 3, 4 |
Delikatesse Rullepølse med rødbedesalat | 12, 15, 7, S |
Sprængt oksebryst med peberrodscreme | 10, 12, 7 |

TILKØB

Grøntsags- M: Sweet potato/cous cous med chili, aubergine og pinjekerner | 1, 11 |
Retterne

T: Vegetarisk pålæg

O: Dhal med røde linser og koriander-gremolata | 10, 12, 15, 16, 5 | serveret med raita | 10, 12, 7 | og naanbrød | 1, 16, 7 |

T: Vegetarisk pålæg

F: Grøntsagsmousakka | 1, 12, 15, 16, 7 |

Denne uges menu er med forbehold for ændringer!



LUNCH WEEK 49 PORTION

MONDAY

Main dish Greek slow pot with beef |12, 15, 16|, served with potato compote with parsley |15, 3, 7|

WEDNESDAY

Main dish Meatloaf |1, 15, 7, S|, served with parsley buttered potatoes |7|, marinated Lingonberries and gravy |12, 15, 7|

FRIDAY

Main dish 'Hunters pot' with pork |12, 15, 16, 7, 9, S|, served with rice

This weeks cake	Banana cake with chocolate frosting 1, 12, 3, 6, 7
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TUESDAY

Salads Beetroot salad with apples and apple syrup |12|

Cold cuts/
Spread/
Deli Salad of cod roe with capers and dill |10, 12, 15, 3, 4, 7|
Provence ham with baked eggs |15, 3, 7, S|
Beef salami with remoulade and roasted onions |1, 10, 12, 15, 3|

THURSDAY

Salads Broccoli with goma dressing and roasted sesame seeds |1, 11, 12, 16, 6|

Cold cuts/
Spread/
Deli Tuna mousse with dill and peas |10, 12, 15, 3, 4|
"Rullepølse" with beetroot salad |12, 15, 7, S|
Brisket with horseradish cream |10, 12, 7|

EXTRA OPTIONS

Vegetable dishes M: Sweet potato/cous cous with chili, egg plant and pine nuts |1, 11| and ajvar spread |12, 16|

T: Vegetarian cold cuts

O: Dhal with red lentils and coriander-gremolata |10, 12, 15, 16, 5| served with Raita |10, 12, 7| and Naan |1, 16, 7|

T: Vegetarian cold cuts

F: Vegetable moussaka |1, 12, 15, 16, 7|

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